







## READING HEALTH AND WELLBEING BOARD

18<sup>th</sup> March 2022 DATE:

Berkshire West Health and Wellbeing Strategy - Implementation REPORT TITLE:

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**ORGANISATION:** Reading Borough Council

#### 1. PURPOSE OF REPORT AND EXECUTIVE SUMMARY

- 1.1 This report presents the Implementation Plans for the 5 Priorities of the Berkshire West Health and Wellbeing Strategy 2021-2030, for approval by the Health and Wellbeing Board.
- 1.2 As required by statute, the Strategy sets a basis for commissioning plans across both the local authority and the local clinical commissioning groups (CCGs). It is a joint strategy across Berkshire West local authorities and its development has been driven by the Health and Wellbeing Boards in each authority. The 2021-2030 Berkshire West Health and Wellbeing Strategy was endorsed by the Health & Wellbeing Board on 8 October 2021 and approved at the Council meeting on 19 October 2021.
- 1.3 The implementation plans set out the actions to be taken to implement the priorities of the Strategy; they include monitoring arrangements and will always be working documents to respond to local needs.

#### 1.4 **Appendices:**

Appendix A - Berkshire West Health and Wellbeing Strategy 2021-2030

Appendix B - Implementation Plans for the 5 Priorities of the Berkshire West Health and Wellbeing Strategy 2021-2030

Appendix C - Berkshire West Health and Wellbeing Strategy 2021-2030:

**Equality Impact Assessment** 

#### 2. RECOMMENDED ACTION

- 2.1 That the Health and Wellbeing Board endorses the Implementation Plans for the 5 Priorities of the 2021-2030 Berkshire West Health and Wellbeing Strategy as set out in Appendix B;
- 2.2 To note the monitoring arrangements for the implementation plans and that the plans will always be working documents to respond to local needs.

#### 3. POLICY CONTEXT

3.1 Every Health and Wellbeing Board has a duty to prepare and publish a Joint Health and Wellbeing Strategy. This sets out a consensus approach to inform and influence local decisions about supporting people to be well, promoting a whole system integrated approach. Local health and care systems together with the Local Healthwatch service provider have statutory representation on the Health and Wellbeing Board, so that the Health and Wellbeing Strategy combines these areas of commissioning and delivery as a minimum. In most localities, however, the Health and Wellbeing Board membership is expanded to facilitate action to address the broader determinants of health and address health inequalities. In Reading, additional members are Thames Valley Police, Royal Berkshire Fire and Rescue Service and Reading Voluntary Action.

### 4. THE PROPOSAL

- 4.1 In October 2021, the Reading Health and Wellbeing Board endorsed the 2021-2030 Berkshire West Health and Wellbeing Strategy and recommended it to Council, which approved it. The strategy was developed in close collaboration and consultation with residents and local partners, including but going beyond the Health and Wellbeing Board membership in each area, and particularly to engage with the diverse range of voluntary sector and community groups operating across Berkshire West.
- 4.2 The strategy sets out 5 priorities listed below not in any particular ranking order as the foundation blocks of the work and actions that need to be carried out to support the health and wellbeing of local residents:
  - Reduce the differences in health between different groups of people
  - Support individuals at high risk of bad health outcomes to live healthy lives
  - Help children and families in early years
  - Promote good mental health and wellbeing for all children and young people
  - Promote good mental health and wellbeing for all adults
- 4.3 The strategy is the foundation of the content of the implementation plans that represent the delivery tools of the strategy. In Reading, a number of delivery boards have worked together to shape the implementation plans and report on outcomes:

<b>Priority</b> Reduce the differences in health between different groups of people	<b>Delivery board</b> Reading Integration Board
Support individuals at high risk of bad health outcomes to live healthy lives	Reading Integration Board
Help children and families in early years	One Reading Partnership - Under 5s workstream
Promote good mental health and wellbeing for all children and young people	Brighter Futures for Children
Promote good mental health and wellbeing for all adults	Adult Mental Wellbeing Steering Group

- 4.4 It will be the overall responsibility of the above delivery boards to monitor the progress of the implementation plans against agreed sets of metrics, some of which will form part of the Health and Wellbeing Dashboard that will be used to update the Health and Wellbeing Board on an ongoing basis over the life course of the strategy.
- 4.5 The above delivery boards leading on actions within the Implementation Plans will provide updates on a quarterly basis and report back to the Implementation Plan Leads, who will meet and coordinate updates to be shared with the Health & Wellbeing Board. A detailed narrative report supported by the Health and Wellbeing Dashboard will be shared twice a year, while an update of the dashboard will take

- place quarterly. Milestones have been included in the Implementation plans, covering both review dates and target completion dates.
- 4.6 The implementation plans and the measuring outcomes are a result of collaborative work with local partners and key stakeholders, and it is intended this collaboration and conversation continues to ensure the actions meet local needs as they arise.

### 5. CONTRIBUTION TO STRATEGIC AIMS

- 5.1 This proposal contributes to Reading's strategic aims for health and wellbeing by developing a new joint strategy to inform the priorities of the board in the coming years.
- 5.2 The 2021-2030 Berkshire West HWB Strategy is based on 8 core principles. These are intended to underpin all of the strategic priorities and be considered as part of all implementation plans. The core principles are:
  - Recovery from Covid-19
  - Engagement
  - Prevention and early intervention
  - Empowerment and self-care
  - Digital enablement
  - Social cohesion
  - Integration
  - Continuous learning.

# 6. ENVIRONMENTAL AND CLIMATE IMPLICATIONS

6.1 The Health and Wellbeing Strategy 2021-2030 is not specifically designed to address climate risks at this point in time. However, the strategy acknowledges the importance of climate risks and engagement with relevant individuals leading on climate change is taking place in order to align actions within the strategy Implementation Plans where relevant, to the climate change agenda and ensure details of actions to address climate change and the health implications of climate risks are included.

## 7. COMMUNITY ENGAGEMENT AND INFORMATION

- 7.1 Stakeholder engagement to build the implementation plans related to the 5 priorities was carried out during August and December 2021. The Implementation Plans will always need to be working documents to respond to local needs.
- 7.2 Next steps include sharing the implementation plans with service users as a launch in order to fully understand how people's lived experiences are represented in these implementation plans. A programme of gathering their further feedback is being planned through roundtable discussions held with groups that have been involved in the development of the strategy and understand its journey. A further launch is planned later in 2022 for wider groups including the public, providers and key stakeholders involved in the strategy to raise awareness, encourage pledges and accountability towards actions.

# 8. EQUALITY IMPACT ASSESSMENT

8.1 The consultation provided an opportunity to develop an understanding of how the Strategy might impact differently on protected groups. As a vehicle for addressing health inequalities, it is expected that any such differential impact would be positive,

and accordingly will support the discharge of Health and Wellbeing Board members' Equality Act duties. The full Equality Impact Assessment is annexed at Appendix C.

# 9. LEGAL IMPLICATIONS

9.1 The production of the Joint Health and Wellbeing Strategy (JHWBS) is a joint statutory duty for local authorities and CCGs, discharged through the Health and Wellbeing Board. Once it is published, the organisations have a duty to have regard to the strategy in their own planning and service delivery.

# 10. FINANCIAL IMPLICATIONS

10.1 Consultation feedback and stakeholder engagement have informed the development of the Health and Wellbeing Implementation Plans. This will be delivered within existing resources, realigned where necessary. It is imperative that the Strategy drives the efficient use of resources and to deliver clear health benefits on investment so as to protect a sustainable local health and care system.

## 11. BACKGROUND PAPERS

11.1 Reading Health and Wellbeing Strategy 2017-2020